

End of the Year LSC Newsletter 2018



The LSC Executive and Coaches would like to bring the following to your attention:

1. News for **ALL** Swimmers
 - a. Schedule changes
 - b. Thanks for a great Spring Watershow!
 - c. Annual General Meeting
 - d. Upcoming Marble Slab Fundraiser!
 - e. Season Yearbooks
 - f. End of the Year Banquet!
 - g. Try Synchro Week/Competitive Camp
 - h. Summer Golf Fundraiser – Save the Date!
2. News for **COMPETITIVE** Swimmers
 - a. Important Dates
 - b. Expression of Interest for 2018-2019 season
 - c. Competition Updates
 - d. Club Points Update
3. News for **RECREATIONAL and NOVICE** Swimmers
 - a. Competition Results
 - b. Competitive 101 Information Session
 - c. Competitive Tryouts for 2018-2019 Season

Thank you for
an **AWESOME**
season!

We look forward
to celebrating at
our End of the
Year Banquet!

News for ALL Swimmers

Upcoming LSC Events and Scheduling Changes - Mark your calendars for these upcoming important events and scheduling changes:

- May 20th – Carling Height Optimist Club (656 Elizabeth Street) 7am-11am only (revised schedule sent out via email on April 26th)
- May 22nd – last official practice for Competitive teams
- May 29th – 6:00-7:30 pm Competitive Team Tryouts (Day #1) at CGAC & The Annual General Meeting for parents 6:30-8:00 pm (Medway)
- May 30th – Marble Slab Fundraising Event
- June 2nd – 4:30-6:00 pm Competitive Team Tryouts (Day #2)
- June 15th – LSC End of Year Banquet – Western Fair, Carousel Room
- August 20th-24th - Try Synchro Week/Competitive Training Camp
- August 25th – Summer Golf Fundraiser

Spring Watershow, Sunday April 29th – A HUGE thank you to the parents of the 13-15 yellow team! The Spring Watershow was a huge success!! Special thanks for Krista Linklater for being the team lead on this event which raised just over \$2000 for our club!!!!

LSC Annual General Meeting – Save the date for our Annual General Meeting on Tuesday May 29th from 6:30 – 8 pm at Medway (Upper Mtg Room). This is an opportunity for the LSC Executive to share a review of the year including success, challenges and future opportunities. We will also be highlighting the success of our Spirit Hours program! **Elections for vacant LSC Executive positions will be held – if you are interested in a position, please email Nadia directly at nadia.facca@gmail.com by May 22, 2018.** We encourage all parents to attend.

Annual Marble Slab Fundraiser – Come out to the Marble Slab across from Masonville Mall on May 30th between 6:45 pm to 10 pm to have our LSC coaches scoop ice cream for you!!! Our club receives a portion of ALL sales made on this night....so come by and have an ice cream cone or two...an ice cream cake or perhaps buy some ice cream in a tub to take home!

Season Yearbooks – Do you have any great photos from this season that you want to have in an everlasting yearbook? Please send them along to Alex at headcoachlsc@gmail.com by May 20th. Yearbooks are a great way to commemorate a wonderful Synchro season!! The yearbooks are only available via pre-ordering – please see the members only section of our LSC website to order yours by May 31st (\$27 each)! Yearbooks will be available for pick up at the LSC End of the Year Banquet.

LSC End of the Year Banquet – Planning is underway for the biggest party of the year...themed “A Night in Paris” to be held at the Carousel Room at the Western Fair Grounds on June 15th! We will have our awards presentation at this event as well as dinner and dancing! If you have any questions, please contact Reina Persaud (rpersaud@ody.ca), Carla Keogan (carla.keogan@sifton.com) or Sarah Aziz (seame@rogers.com). Tickets can be purchased on our LSC Website (via PayPal). **Last day to buy tickets is June 8th!**

Try Synchro Week (6-7 pm)/Competitive Training Camp (5-7 pm) – August 20-24th at CGAC – Bring out your friends that have always wanted to try synchro but never had a chance! Competitive athletes are welcome to come back into the pool to get ready for the new season! Stay tuned for more details.

Summer Golf Fundraiser – Plans are underway for an LSC Summer Golf Fundraiser on Saturday August 25th at Maple Ridge Golf Course. Paul Stark will be organizing this event for us, and he needs your help! If you can assist, please contact Paul directly at pstarky17@yahoo.ca

News for COMPETITIVE Swimmers

Important Dates:

- **May 20th** – Practices moved to Carling Heights Pool
- **May 22nd** - Last official practice for competitive swimmers (*some teams may hold an optional fun practice on May 29th- please ask your team coach if you are unsure*)
- **May 22nd - 27th** – **Age Group Championships**; Etobicoke Olympium (Please note all swimmers are required to be in Etobicoke for the duration of this meet as many team events will be scheduled each day during the meet.)

Expression of Interest for Next Season – All swimmers who are currently registered in our competitive program are asked to submit the [Expression of Interest Form](#) below by May 31st. If your swimmer is not planning to return to the competitive program next year, please fill out the form anyways to let us know. If you have any questions or concerns that relate to returning to competitive next season, please feel free to contact Alex, at headcoachlsc@gmail.com. In order to ensure placement of your swimmer on a competitive team for the 2018-2019 season, the club requires a \$500 deposit by cheque post-dated to July 15th 2018. Please place your cheque in the LSC mailbox at CGAC by July 15th. If you wish to pay by PayPal, the deposit required is \$515. A PayPal link is available here: <http://londonsynchroclub.com/competitive/>

The club executive is working hard on putting together fee estimates for our programs next season. Currently the executive is estimating that competitive fees will be similar to those of the current season. It is likely we will also have a 16-20 team program next season, and the training hours and fee estimates for this age group will be similar to those for 13-15 team. Fees are not final until club registrations for 2018-2019 are complete. Questions regarding fees can be directed to the LSC President, Nadia Facca, at nadia.facca@gmail.com.

Competition Updates – Our competitive athletes recently competed at Hilton Invitational, which was a great opportunity to compete against routines from across Ontario, as well as some visiting clubs from other provinces and one club from China! London Synchro swimmers shone in extremely competitive fields, some competing against 30+ other routines. Our athletes are now in the final weeks of their season, working towards perfect last swims at Ontario Open Age Group Championships!

Club Points Update – This season all our swimmers have been working hard to earn points individually and as a team. These points are logged by coaches on the app Class Dojo, so that swimmers can check their points after practices. Recently, we recognized the **10U Team** and **11-12 Yellow Team**, as well as 10U team swimmer **Anika Guo** for earning the most points in April.

This season's team point tally so far is as follows:

1. 10U Team: 130 points!
2. 11-12 Blue Team AND 13-15 Yellow Team: 127 points!
3. 13-15 Blue Team: 125 points!
4. 11-12 Yellow Team: 122 points!
5. 11-12 White Team: 93 points!

The team and individual swimmer who has earned the most club points at the end of the season will be recognized at our end-of-year banquet – it looks like it's going to be a tight race to the end of the season!

News for RECREATIONAL and NOVICE Swimmers

Competition Updates for Novice 2 and Novice 3 Teams

Congrats to our Novice 2 and 3 teams for their amazing showings at both Novice Regionals and Novice Championships in the last month! It was incredible to see the swimmers learn to navigate the competition environment with great success. Across the two competitions, we had 8 podium finishes! We hope the swimmers enjoyed their meets this year.

Competitive 101 Information Session, Sunday April 15th, 10:30am-12pm at Medway Community

Centre: If you missed this session, we have posted the slides on our website! If you have any questions please contact Alex Cross, LSC Head Coach, at headcoachlsc@gmail.com.

Competitive Program Tryouts: Tryouts for recreational and novice swimmers interested in entering the competitive program in September 2018 will be held on **Tuesday May 29th from 6:00-7:30pm** at CGAC and **Saturday June 2nd from 4:30-6:00pm** at CGAC. Swimmers should attend *both* tryout sessions. Please remember to RSVP to the link sent out by Alex and Kyra if you plan on attending.

2018/2019 Recreational Programs: All current swimmers in our Recreational programs will be notified by email in August when registration options for our 2018/2019 programs open.

Thank you for reading this Newsletter! 😊 Your feedback is always welcomed! If you have any questions, comments or suggestions, please contact a member of our LSC Executive or email infolondonsynchro@gmail.com.